

Matrix Aura Color Reference

Color	Emotional Attributes	Physical Healing Associations	Spiritual / Energetic Meaning
RED	Passion, courage, vitality, grounding	Stimulates circulation, increases energy, supports adrenal function	Root chakra; life force, survival, grounding into physical reality
ORANGE	Joy, creativity, enthusiasm, sensuality	Supports reproductive organs, digestion, and vitality	Sacral chakra; flow, creation, emotional expression
YELLOW	Confidence, clarity, optimism, willpower	Aids digestion, liver, and metabolism; strengthens nervous system	Solar plexus chakra; personal power, inner strength, discernment
GREEN	Balance, harmony, compassion, renewal	Supports heart, lungs, and immune system	Heart chakra; healing, unconditional love, emotional equilibrium
BLUE	Calm, peace, honesty, communication	Soothes inflammation, reduces stress, aids throat and thyroid	Throat chakra; truth, authentic expression, divine communication
VIOLET	Inspiration, wisdom, transformation	Supports brain and nervous system, helps sleep and relaxation	Crown chakra; spiritual awakening, divine connection, transmutation
PINK	Love, kindness, nurturing, emotional healing	Soothes heart and skin, eases anxiety	Heart resonance; self-love, forgiveness, unconditional acceptance
BROWN	Stability, security, comfort, practicality	Supports digestion, bones, and grounding	Earth connection; grounding energy, reliability, embodiment

Additional Notes

- **Warm colors (Red–Yellow):** Stimulating, energizing, used to boost vitality and motivation.
- **Cool colors (Green–Blue–Violet):** Calming, balancing, used to promote peace, relaxation, and intuition.
- **Neutrals (Pink–Brown):** Harmonizing, integrating emotional and physical aspects of healing.
- Colors can be mixed for added effect (see master color charts)